#### WHO ARE WE?

Life Church has been one of Petersfield's local churches for more than 45 years. We are enthusiastic members of PACT (Petersfield Area Churches Together), part of the Pioneer network of churches and keen supporters of The King's Arms - the youth project here in town. We don't have a building of our own but meet in the Methodist Church Hall on Sunday mornings.

# WHAT DO WE AIM TO ACHIEVE WITH THESE FAMILY SERVICES?

We aim to provide an opportunity for the whole family, from the youngest to the oldest, to share church together. The Bible tells us that God created this amazing world and that we have all been 'beautifully and wonderfully made'. This makes us believe that it's important to take care of both our bodies and the world in which we live. Family Sundays aim to help us do that as church together. We hope that what we hear will challenge us to make changes to our habits and routines. Each Family Sunday, planned around a relevant topic, will offer practical ways to bring about those changes.

### WHAT CAN YOU EXPECT?

We would love you to join us!

You will be welcomed and invited to have a light breakfast with us. There will be a recipe of the month which focuses on locally produced food. You'll be able to take a copy of the recipe and try it at home. Breakfast gives us time to chat, get to know one another and talk about anything we've tried or changed after hearing the previous topic. As we settle into 'organised chaos,' the children will be the focus for the first part of the service and then, when they move to their activity room, the adults will hear from the speaker and have opportunities to ask questions. The service will include some hymns and prayers.

# **FAMILY SUNDAYS**

Monthly 10.00- 11.30 am at the **METHODIST HALL** 

JOIN US!





**Enquiries contact:** 

admin@lifechurchpetersfield.org.uk

Telephone: 01730 231400

Our theme for this year is:

# 'CARING FOR OURSELVES AND OUR ENVIRONMENT'

We welcome the following speakers who will address different aspects of this subject

# 2023

## SEP 24 DECISION MAKING

Cllr JC Crissey, Mayor of Petersfield, will tell us about the important role the Town Council performs on behalf of our community to protect and enhance the local environment.

# OCT 29 WASTE

Juniper is a 'refill' shop in town offering us an alternative to our 'one-use' packaging culture. Laura Simpson-Pirie will tell us how the shopping there works and the benefits of it.

# NOV 26 GUIDANCE

Rebecca and Michael Arnold are parents of four, 6-16. How do they try to ensure their children access the right internet sites?

Boundaries and how to enforce them!

DEC 17 CHRISTMAS CAROLS

# 2024

## JAN 28 EXERCISE

Beth Svarovska teaches Pilates and is passionate that people maintain their health and mobility. Get ready to join in some practical demonstrations!

## FEB 25 ENERGY

Catriona Cockburn, Development Director of Energise South Downs, will share how she started this initiative and the vision she has to generate local energy sources in our area.

## MAR 24 MOVEMENT

Sam Bulmer works in a start-up that aims to design cargo ships using renewable energy. He'll show us the company's prototype design and some of the challenges it faces.

## APR 28 NOURISHMENT

Durleighmarsh, is a 'pick your own' farm on the road towards Rogate. Oscar Shepherd works in the farm shop and is passionate about growing locally and eating healthily. Hear why?

# MAY 19 BEAUTY

Ali Udall is a local artist. She loves to paint. She will share how she sees beauty in all that God has created and how she tries to capture that in her artwork.

## JUN 30 PROTECTION

Linda Wallace is Chief Executive of our local Housing Association, PHA which was founded in the 70s' by the Petersfield Churches. She will tell us how it has served the community since.

#### JULY 21 THE BODY

Gerry Arnold is a Life Church Leader. She will end our series with a celebration to summarise all that we have learned and changed as a result of this series of Family Sundays.